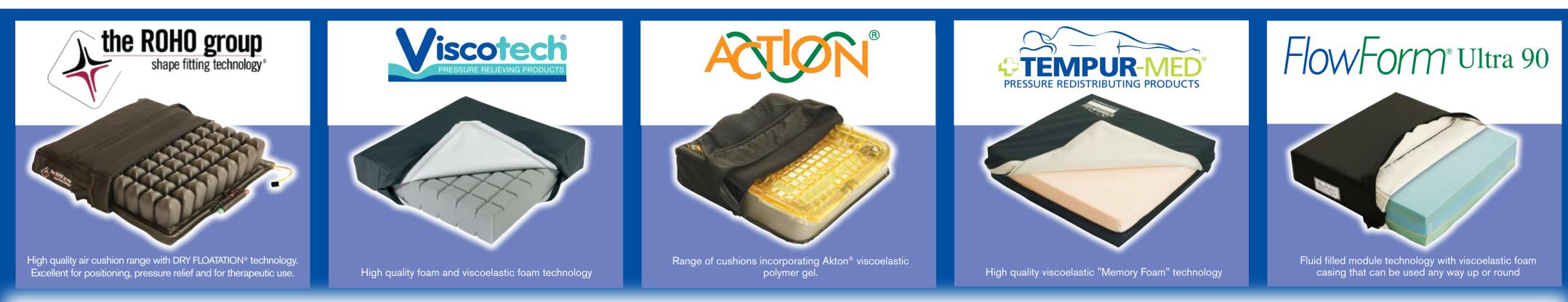
The Complete Pressure Relieving Cushion Range from



At a glance cushion selection chart (Please note: higher risk cushions are perfectly adequate for low risk users also). RECOMMENDED // APPROPRIATE / UNSUITABLE /

	POSITIONING	ACTIVE USERS	BARIATRIC	LIGHTWEIGHT	LOW PROFILE	ENVELOPMENT	CUSHION	SIZE RANGE (inches)	MAXIMUM WEIGHT	SPECIALS
AT RISK	X	X	X	55	X		Viscotech [®] Standard	16x16 to 20x18	17.0 Stones (108 kg)	Yes
	×	X	55	<i></i>	X	✓ <i>✓</i>	Viscotech [®] Standard HD	16x16 to 20x18	28.0 Stones (178 kg)	Yes
	×	<i></i>	55	<i>J J</i>	<i></i>	✓	Action [®] Commuter™	16x16 to 20x20	16.0 Stones (102 kg)*	Yes
	×	<u> </u>	<i>J J</i>	×	<i>J J</i>	✓ <i>✓</i>	Action [®] Pilot [™]	16x16 to 20x20	16.0 Stones (102 kg)*	Yes
	×	J J	<i>J J</i>	J J	55	_	Action [®] Centurian [™]	16x16 to 20x20	16.0 Stones (102 kg)*	Yes
	×	×	×	J J	~	55		16x16 to 18x18	18.0 Stones (178 kg)	Νο
HIGH RISK	×	×	×	11	×	11	Viscotech [®] Plus	16x16 to 20x18	17.0 Stones (108 kg)	Yes
	×	×	J J	11	×	11	Viscotech [®] Plus HD	16x16 to 20x18	28.0 Stones (178 kg)	Yes
	55	<i></i>	×	55	X	11	Viscotech [®] Plus Contour	16x16 to 18x20	17.0 Stones (108 kg)	Yes
	55	<u></u>	<u></u>	×	×	11	Action [®] Xact [®] Classic	10x10 to 20x20	28.0 Stones (178 kg)	No
	×	<i></i>	<u></u>	X	55	1	Action [®] Professional [®]	16x16 to 20x20	35.0 Stones (222 kg)	Yes
	×	<i></i>	×		55	s	Tempur-Med [®] 2"	15x15 to 20x18	15.7 Stones (100 kg)	Yes
	55	<i></i>	×	55	1	11		14x16 to 20x18	17.9 Stones (113 kg)	Yes
	55	<u></u>	×	55	×		ROHO [®] AirLITE [®]	14x16 to 20x18	19.7 Stones (125 kg)	No
VERY HIGH RISK	55	<i></i>	J J	×	×	55	Viscotech [®] Supreme Contour gel	16x16 to 18x20	28.0 Stones (178 kg)	Yes
	×	<i></i>	×	×	×	55	Tempur-Med [®] 3"	15x15 to 21x17	23.6 Stones (150 kg)	Yes
	×	×	×	×	×	55	Tempur-Med [®] Curved	15x15 to 21x17	20.5 Stones (130 kg)	Yes
	55	<i></i>	<u> </u>	55	×	55	ROHO [®] Hybrid Elite [®]	14x14 to 24x24	35.4 Stones (225 kg)	No
THERAPEUTIC 1-2	×	×	×	×	×	55	Flowform [®] Ultra 90	15x16 to 18x20	20.0 Stones (127 kg)	No
	<i>s s</i>	<i></i>	×	×	<i></i>	<i>s s</i>	Primenest [®] 2	16x16 to 20x20	20.0 Stones (127 kg)	No
	<i>s s</i>	<i>J J</i>	J J	55	J J	55	ROHO [®] QUADTRO SELECT [®] LOW PROFILE [®]	12x12 to 20x20	No Weight Limit ⁺	Yes
THERAPEUTIC 3-4	<i>s s</i>	✓	<i>s s</i>	55	×	55	ROHO [®] QUADTRO SELECT [®] HIGH PROFILE [®]	12x12 to 20x20	No Weight Limit ⁺	Yes
	<i>J J</i>	1	<i>\</i>	11	×	55	ROHO [®] CONTOUR SELECT [®]	15x15 to 20x20	No Weight Limit ⁺	Yes

Guidelines for use of a pressure relieving cushion

While in a Chair

1. Use a pressure-redistribution cushion in the chair for individuals with Category/Stage I or II pressure ulcers.

2. Minimize seating time and consult a seating specialist if pressure ulcers worsen on the seating surface selected.

3. Ensure that the feet are properly supported either directly on the floor, on a footstool, or on footrests when sitting (upright) in a bedside chair or wheelchair. 4. If sitting in a chair is necessary for individuals with pressure ulcers on the sacrum/coccyx or ischia, limit sitting to three times a day in periods of 60 minutes

or less. Consult a seating specialist to prescribe an appropriate seating surface and/or positioning techniques to avoid or minimize pressure on the ulcer.

5. Avoid seating an individual with an ischial ulcer in a fully erect posture (in chair or bed).

6. Modify sitting-time schedules and re-evaluate the seating surface and the individual's posture if the ulcer worsens or fails to improve.

All advice in the 'guidelines for use of a pressure relieving cushion' section can be found in the EPUAP guidelines along with extensive guidelines on pressure care. 'The recommendation is supported by indirect evidence (e.g. studies in normal human subjects, humans with other types of chronic wounds, animal models) and/or expert opinion.' Pressure Ulcer Treatment: Quick Reference Guide P4, P19-20; 2009





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